Direct evidence of the symplastic pathway in the trap of the bladderwort *Utricularia gibba* L.

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**ABSTRACT.** To capture prey, *Utricularia gibba*, an aquatic angiosperm carnivorous plant, is equipped with specialized bladders containing bifid/quadrifid glands for nutrient absorption. Several studies have focused on the nutrient absorption and subsequent transportation in the bladderworts; more specifically, the apoplastic pathway has been demonstrated as employing radioactive uranium salts. Nevertheless, the symplastic pathway has not been unambiguously demonstrated. Herein, we initially used food dyes as tracers to monitor the absorption processes by light microscope. We then confirmed the observed symplastic pathway using another vital tracer carboxyfluorescein diacetate (CFDA). The absorption and transportation of the CFDA inside the traps were observed using epifluorescence microscope and confocal laser scanning microscope. Our data clearly suggested that the tracers were transported through different tissues in the following order: terminal cells, pedestal cells, basal cells, surrounding epidermal cells, nearby leaves, and, finally, stems. The process was found to be light-sensitive, suggesting that it is energy-dependent. The uptake of the fluorescent dye was observed within seconds, while that of food dyes required 2 to 3 h. Thus, CFDA provides better resolution, while the food dyes afford prolonged tracing procedures. Taken together, the findings lead us to conclude that the symplastic pathway is an important transportation process that has never been shown previously in *Utricularia*.

**Keywords:** Carboxyfluorescein; Symplastic transport; *Utricularia gibba*.

**INTRODUCTION**

Plants are considered the producers in the ecosystem, but carnivorous plants can derive nutrients from animals through carnivorous activities (Adamec, 1997). Starting with Darwin’s *Insectivorous Plants* (1875), species of *Utricularia* have drawn the attention of many botanists. *Utricularia gibba* is herbaceous, angiospermic (Figure 1A), rootless, branching, with a green or brown stem 0.1-0.2 mm thick and up to 3 m long, with fine green branches bearing tiny bulbous traps, or bladders, and characteristic finely divided foliage (Figure 1B). A single trap is a small ovoid bladder up to 4 mm in length, with an entrance and a stalk that attaches it to the plant (Figure 1C). These sacs are highly sophisticated mechanical traps with a self-resetting mechanism capable of catching tiny water animals with amazing efficacy. Each trap has some antenna-like hairs on one side of the trap opposite the attaching stem. The ventral part of the trap wall in the entrance forms the threshold. There are trigger hairs on it, and when a small water animal touches it, the threshold swings open inwardly, causing the water animal to be sucked into the trap along with rushing water. All of this happens in about 1/30 second (Figure 1D). Over a period of half an hour to an hour, the trap mechanism is automatically reset in preparation for the next catch and the pressure inside the trap is kept lower than the outside (Sydenham and Findlay, 1975). Because of this pressure difference, when the trap is viewed from above, the walls are warped inwards and appear concave (Figure 1E and 1F).

The inner surface of the trap is covered by quadrifid hairs. Only the inner surface of the threshold is covered by bifid hairs. Both quadrifids and bifids consist of a basal cell, a pedestal cell, and several terminal cells, which bear a complex architecture (Finerran, 1985). The pedestal cells of these glands have differentiated into transfer cells, and the cell walls are impregnated (Offler et al., 2003; Plachno and Jankun, 2004). The functions of the glands have been gradually clarified from the time of Darwin’s early observations with a light microscope (1875) to recent studies based on the electron microscope. Their main functions include water removal from the lumen after prey-catching to maintain negative pressure inside the trap, transportation of nutrients, and the digestion and absorption of objects in-
The traps also support a diverse community of microorganisms, including many species of living bacteria, algae, rotifers, and protozoa (Friday, 1989; Knight and Frost, 1991). Species of *Euglena* (Euglenophyta) apparently even reproduce in these traps, supporting the hypothesis that *Utricularia* plants benefit more from the byproducts of this community than from carnivory itself (Richards, 2001; Sirova et al., 2009).

Little is known about the mechanisms of digestion and absorption in *Utricularia*. It was found that within the empty traps of growing plants, phosphatases always exhibited the highest activity, followed by β-glucosidases, while the activities of α-glucosidases, β-hexosaminidases, and aminopeptidases were usually lower by one or two orders of magnitude (Sirova et al., 2003). Using enzyme-labeled fluorescence, phosphatase activity in the glands was clearly demonstrated (Plachno et al., 2006). Despite the in-situ activity of a few common hydrolases in the trap, the fluid collected from aquatic *Utricularia* species has been measured, indicating the availability of the enzymes in the traps for direct prey digestion. However, detailed studies on the transport of nutrients in *Utricularia* plants are quite rare.

Two pathways are involved in the entrance of water and nutrients to a plant: one is the symplastic pathway known to pass through the plasmodesmata, and the other is the apoplastic pathway that traverses the cell wall and intercellular air spaces in plant tissues without crossing the cytoplasm. Several studies have focused on the nutrient absorption...
and subsequent transportation in the bladderworts; more specifically, the apoplastic pathway has been demonstrated to use radioactive uranium salts as tracers. The tracers were confined outside of the impermeable lateral cell wall of the pedestal cells. Only in the arms of the quadrifids and bifids and the terminal cells of external glands did the tracers penetrate the cuticle (Fineran et al., 1980).

The symplastic pathway of carnivorous plants has been demonstrated mainly with Nepenthes traps, but only two studies have brought out the symplastic pathway with the fluorescent tracer 5(6)-carboxyfluorescein diacetate (CFDA) (Owen et al., 1999; Schulze et al., 1999). CFDA itself is a membrane-permeable dye that is converted into carboxyfluorescein (CF) by cytosolic esterases. CF is a reliable fluorescent tracer of phloem transport and symplastic transport. Schulze et al. (1999) searched for feeding pathways between glands and vascular bundles in Nepenthes pitchers using fluorescent dyes and clearly demonstrated symplastic transport from the gland into subtending cells. Nevertheless, Nepenthes traps are multilayer structures with smaller and thinner cells that are more difficult to examine. The quadrifid glands of the Utricularia are different from the Nepenthes glands, and the application of CFDA to investigation of the symplastic pathway in Utricularia traps has not yet been undertaken.

In this study, food dyes and the fluorescent compound CFDA were used as tracers to investigate the absorption and transport pathways in the traps of U. gibba. A light microscope, epifluorescence microscope, and confocal laser scanning microscope were used to examine the absorption. Meanwhile, the effects of light on the absorption of food dyes in U. gibba were also studied. Based on our results, we were able to depict the complete symplastic pathway. This is, to the best of our knowledge, the first attempt to apply food dyes and CFDA to the study of Utricularia traps.

**MATERIALS AND METHODS**

**Plant material**

*Utricularia gibba*, native to southern Taiwan, was cultivated outdoors in plastic containers under a natural environment (temperature around 20°C-30°C). Watering was done with spring water.

**Absorption and transport of food dyes**

Initially, food dyes were used as tracers to monitor the absorption processes by a light microscope (Alpha-phot-2 YS2). Amaranth (Food Red 9, C_{35}H_{20}O_{10}N_{2}S_{3}Na_{2}, molecular weight 604.5, Scott-Bathgate LTD. Canada) and Brilliant Blue FCF (Food Blue 2, C_{35}H_{20}N_{2}O_{6}S_{2}Na_{2}, molecular weight 794, Scott-Bathgate LTD. Canada) were used in the experiments. Each of them was diluted to 6.7% with distilled water. The U. gibba traps were triggered manually under the dissecting microscope in the presence of tracers, rinsed in distilled water, and then examined at various time intervals (0 h, 8 h, and 16 h). The traps were then dissected, and the quadrifids were observed.

The study of the movement of the fluorescent probes of CFDA by epifluorescent microscope and noninvasive imaging techniques with the confocal laser scanning microscope

To detail the symplastic connections within the quadrifids, 10 mg of carboxyfluorescent diacetate was dissolved in 1 ml of 0.3 M KOH and then brought to a final concentration of 1 mM in 20 ml distilled water (pH 6.3). One tenth ml of Eserine (Sigma) was added into the solution to block secreted esterases inside the traps and to prevent cleavage of CFDA before the uptake of the quadrifids. The U. gibba was placed into the solution. The traps were manually triggered to suck in the solution, and the subsequent procedures were carried out as mentioned above. The traps that did not suck in the CFDA were used as the control. After various durations of incubation, free-hand sections of the traps were mounted in water and analyzed under blue light (excitation wavelength 450-490 nm, chromatic beam splitter 510, and barrier filter LP 520 with fluorescent microscope, Olympus BH2-RFCA).

In a non-invasive imaging technique with a confocal laser scanning microscope (Nikon EZ-C1, Laser type V-LD 408, Ar 488, G-HeNe 543, Y-HeNe 594, R-HeNe 633), the CFDA was introduced into the Utricularia traps in the same manner as described above. The whole tissue of the U. gibba was examined without dissection.

**Effect of the light and dark pretreatment on the food dye absorption in U. gibba**

To study the effect of light on the absorption, ten branches of *Utricularia gibba* were divided into two groups and cultured in light (fluorescent lamp PL-F, 27W) or in a dark environment for 2 days. The mature traps on the bladerwort were randomized, chosen, and manually triggered to suck in the food dyes. Thereafter, the absorption of food dyes inside the quadrifid glands were observed under a light microscope every hour for five hours after free-hand dissection. The absorption of food dye intensity inside the quadrifids arms was further analyzed by Multi Gauge 2.0 (Fuji Film).

**RESULTS**

The absorption and transport of food dyes in *Utricularia gibba*

Amaranth Red can be easily sucked into the traps manually. The traps then appear red (Figure 2A and 2B). Overall, the food dye density inside the traps decreased over time (images at 8-h intervals), and the rates of decline were much the same for both the Amaranth Red and Brilliant Blue food dyes. At this time, the color in the quadrifids gradually increased under light microscope, suggesting that food dyes were absorbed into the quadrifids (Figure 2B). Free-hand sections of the trap in these stages showed quadrifids with prominent red or blue food dye resting on the inner epidermis; one of them already was filled with...
red dye, and another one was partially filled up (Figure 2C). In the lateral view of the quadrifid, the arms, stalk, basal epidermal cells, and nearby inner epidermis were filled with a considerable amount of red dye (Figure 2D). Two days later, the dye reached the trap stalk and entered the accompanying leaf. Food dye transport took considerably longer than did CF. The transportation pathway of both food dyes and CF occurred predominantly in the same route.

**Symplastic transport of carboxyfluorescent**

The trap was red in color due to being full of chlorophyll (Figure 2E). The regions exhibiting yellow fluorescence were the valve and external glands. After applying CFDA to the trap, the quadrifids turned out to be full of fluorescence within minutes under the epifluorescence microscope (Figure 2F). Hand-sections of the traps showed the movement of the fluorescent symplastic tracer (CF) through the quadrifids and into the inner epidermis below (Figure 2G). The quadrifid stalks, pedestal cells, and basal epidermal cells were clearly filled with CF (Figure 2H).

**Figure 2.** The absorption of food dye and the fluorescent compound, CFDA, in the trap. (A) The gross image taken immediately after food dye uptake. The dye is loaded evenly within the trap. Bar = 1 mm; (B) Image taken 16 h after dye absorption. Dye was accumulated in quadrifids. Bar = 1 mm; (C) Food dye was clearly observed in the terminal cells and the inner epidermis. Bar = 20 μm; (D) As the incubation was prolonged, the pedestal cell was filled with food dye. Bar = 20 μm; (E) Autofluorescence image of the *Utricularia* trap in control. The red fluorescence is of chlorophyll autofluorescence. Bar = 100 μm; (F) Gross image taken immediately after CFDA suction. Bar = 100 μm; (G) Cross section of the *Utricularia* trap after CFDA absorption. Fluorescence is observed in the terminal cells and the inner epidermis. Bar = 80 μm; (H) As the incubation time was prolonged, the pedestal cell is filled with fluorescence. Bar = 20 μm.

Symplastic transport evidence of CF in the intact traps of *Utricularia Gibba* can be well-presented non-invasively using a confocal laser scanning microscope. The inner wall of the trap, viewed from the upper part of the quadrifid arm and gradually down to the inner epidermis, is filled with CF (Figure 3A-3D). The immediate appearance of the trap is shown after manual triggering in the CFDA solution (Figure 4A and 4B). Enlargement of the lateral view of the quadrifid showed that the basal epidermal cell was full of CF extending to the nearby inner epidermis. Transport of the tracer was restricted to the endodermal layer of the trap, and it was absent from the outer epidermis (Figure 4C). The upper portion of the stem was clearly labeled with dye (Figure 4D).

**Effect of light and dark treatments on food dye absorption in the traps of *Utricularia gibba***

In the 2-day light and dark pretreatments, the effect of light on food dye absorption in the traps of *U. gibba* was examined. As shown in Figure 5, the food dye was
absorbed much faster in the 2-day light pretreatment than in the dark pretreatment. The light treatment significantly enhanced the absorption rate in the traps of \textit{U. gibba} (Figure 6). The absorption of CFDA in the traps of \textit{U. gibba} accomplished the absorption within seconds. In contrast to the fluorescent compound CFDA, \textit{U. gibba} took hours to absorb the food dyes.

**DISCUSSION**

\textit{Utricularia gibba}, an aquatic carnivorous plant, belongs to the family of Lentibulariaceae, the largest family of carnivorous plants, with three genera (\textit{Pinguicula}, \textit{Utricularia}, \textit{Genlisea}) and about 350 species (Ellison and Nicholas, 2009; Plachno and Swiatek, 2009). According to molecular studies, the genus \textit{Genlisea} is sister to \textit{Utricularia}, and this pair is sister to the genus \textit{Pinguicula} (Jobson and Albert, 2002; Jobson et al., 2003). Both \textit{Pinguicula} and \textit{Utricularia} develop active traps, but both the physiology and functioning of the traps differ much between these genera. \textit{Pinguicula} are active “flypapers” with slightly modified leaves for carnivory, but \textit{Utricularia} form suction bladders (reviewed by Legendre, 2000). \textit{Genlisea} species are small, rootless wetland plants, which produce different special kinds of underground corkscrew-shaped traps of foliar origin—eel (lobster-pot) traps. (Reut, 1993). Besides having a similar architecture (basal cell, pedestal cell, and secretory cells), the digestive-absorptive hairs of the Lentibulariaceae present morphological and ultrastructural differences (Plachno et al., 2007). For example, the pedestal cell has a highly developed wall labyrinth only in \textit{Utricularia}. This is associated with rapid water transport during removal of water from \textit{Utricularia} bladders (Fineran and Lee, 1975; Fineran, 1985). Also, it is clear that the most complicated terminal cell in the digestive hairs of this family has evolved in \textit{Utricularia} (Fineran and Lee, 1975; Heslop-Harrison and Heslop-Harrison, 1981;
Fineran, 1985; Plachno et al., 2007). In contrast to the sessile hairs in *Pinguicula* and *Genlisea*, in *Utricularia* the quadrifid and bifid terminal cells not only play a role in secretion and absorption but also partially take over the function of the pedestal cell. Several studies have focused on nutrient absorption and subsequent transportation in the bladderwort; more specifically, the apoplastic pathway has been demonstrated using radioactive uranium salts (Fineran et al., 1980). So far only the symplastic pathway of terminal cell in *Utricularia* is delineated in the present study. Further work with this method to demonstrate the symplastic pathway in *Pinguicula* and *Genlisea* hairs may shed light on the evolution of the carnivorous syndrome in Lentibulariaceae.

Prior to the present study, a new enzyme labeled fluorescence (ELF) phosphatase substrate assay was applied to the detection of phosphatase activity in the glandular structures of 47 carnivorous plant species, especially Lentibulariaceae, in order to understand their digestive activities (Plachno et al., 2006). In all examined *Utricularia* species, Plachno et al. found quadrifid glands inside the traps producing an intense signal of phosphatase activity. The staining of quadrifid glands starts in only the vacuolated tip of the terminal cell and proceeds to the basal part containing the bulk cytoplasm and the nucleus. No further transportation of this fluorescence could be traced. However, the ELF assay developed by Nedoma et al. (2003) specifically labels extracellular enzymes on the cell surface since the ELF hardly penetrates biomembranes (Strojsova et al., 2003), which is different from the vital tracer carboxyfluorescein diacetate (CFDA) used in our study.

CFDA is a membrane-permeable, non-fluorescent vital stain that converts into the fluorescent, membrane-impermeant carboxyfluorescein when cleaved by cytosolic esterases. It is often used for the fluorometric quantitation of viable cells (Breeuwer et al., 1995), evaluation of gap-junctional intercellular communication and adhesion, and cytotoxicity assays (Flury and Fluhler, 1994). Since CFDA is strictly confined inside the cytoplasm after cleavage, travels only through the plasmodesmata, and is restricted to the phloem regions, it is also used to trace phloem translocation (Grignon et al., 1989), especially for tracking phloem loading and unloading (Oparka et al., 1994). The permeability of the biological membrane is strongly dependent on the nature of the transported solute. CFDA itself is a membrane-permeable dye due to its hydrophobic property. When it is absorbed into cells, it is converted into carboxyfluorescein by cytosolic esterases (Grignon et al., 1989). CF is hydrophilic, and its fluorescence persists in the quadrifids and stem phloem for several days. The absorption and transportation of the CFDA inside the traps were observed easily using an epifluorescence microscope and confocal laser scanning microscope.

Brilliant blue FCF is water-soluble and dissociated to a mono or bivalent anion in the water (Flury and Fluhler, 1994). Therefore, anionic blue dyes cannot pass through the biological membrane easily. The food dyes appeared in the quadrifids 16 h after absorption. In contrast, CFDA, a weak acid, as an uncharged compound that can easily permeate the biological membrane, was taken in to the traps of *Utricularia* clearly showed that the light treatment significantly enhanced the absorption rate in the traps of *U. gibba*. This current result supports previous work showing that bladder function requires greater metabolic cost, i.e., relating to ion and water pumping (Sydenham and Findlay, 1975; Laakkonen et al., 2006).

Figure 6. Quantitative analysis of the effect of light on the rate of dye accumulation in quadrifids. The absorption rates were mean ± SD from three independent experiments.

![Model of the symplastic pathway in the quadrifid glands of *Utricularia gibba*](image)

Figure 7. Model of the symplastic pathway in the quadrifid glands of *Utricularia gibba*. The trap wall is made up of two cell layers. On the inner epidermis rests countless quadrifids, in contact with the trap fluid. The outer epidermis bears scattered and mostly sessile, dome-shaped hairs referred to as external glands. Each glandular hair consists of six cells. The first is the basal epidermal cell which lies directly beneath the hair and is similar to adjacent epidermal cells. Then is the middle or pedestal cell which rests on the basal epidermal cell. The four other cells of the gland are the four terminal cells (or quadrifid arms). Solutes (food dyes or fluorescent compound CFDA) and water may follow a symplastic route. The compounds (1), first enter the quadrifid arms (2), then the stalk and then the pedestal cell (3). From the pedestal cell the absorbed solute is transported via the compound plasmodesmata to the underlying basal epidermal cell (4), and from there to the surrounding inner epidermis (5).
and digestion of prey (Sirova et al., 2003). Moreover, mutations of the mitochondrially encoded cytochrome c oxidase in \textit{Utricularia}, which could result in faster reaction kinetics of this enzyme, may be an adaptation for greater respiratory capacity associated with the high energetic demands of bladder traps (Laakkonen et al., 2006; Albert et al., 2010). However, the extent of such an influence on traps, whether during the resetting of \textit{Utricularia} bladders or just in the post-firing state, is not known. Also, we did not work on traps with or without living prey.

As the symplastic pathway in Lentibulariaceae has not been unambiguously demonstrated before, herein we initially used food dyes as tracers to monitor the absorption processes in \textit{Utricularia gibba}. We then confirmed the above symplastic pathway using another vital tracer, CFDA. Our data clearly suggested that the tracers were transported in the following order: terminal cells, stalks, pedestal cells, basal cells, surrounding epidermal cells, nearby leaves, and, finally, stems, and also that it is energy-dependent. These findings lead us to conclude that the symplastic pathway is an important transportation process that has never been investigated in this carnivorous plant.

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\textbf{LITERATURE CITED}


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